



Balancing Act *The elusive art of work/life balance*

Juggling Lessons

At three balls, I can juggle and talk.

At four, I have to focus.

At five, it's gonna fall apart.

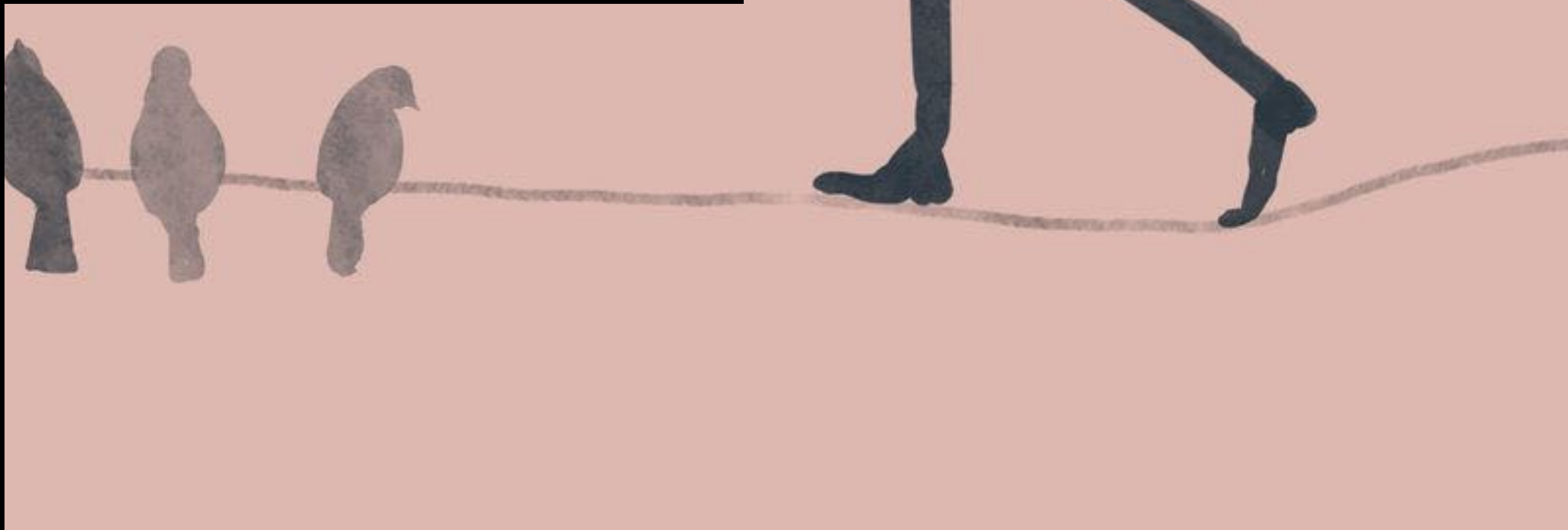
balance myth

**There is room for
everything, as
long as I put the
big rocks first.**





**WORK/LIFE
BALANCE**
Two Models



*first
model*

The Plate Spinner



*second
model*

The Tightrope Walker





GOAL
Do
more.



GOAL
Get
there.

Getting There

1. You can't balance it all.
2. You have to give some of it up.
3. Focus on what promotes human flourishing.
4. Start with worship, ordinary means, and spiritual disciplines.